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# ACT 2 – Respect Managing Emotions Skill Builder Scene 3 – Sharing Success





**Setting:** Happy Home and Garden Center

Key Words: jealous, conceited, resentful

Actors: jealous Don and excited Kristin

**Scene:** You are Don. You work at the Happy Home and Garden Center in the stock room. You really want a transfer to the front of the store to welcome and greet customers. Yesterday, you heard that Kristin had been given the job as the Happy greeter. You are hurt and disappointed that you did not get the job. You are jealous and resentful.

Kristin is thrilled to start her new job today. She has been telling everyone in the lounge how happy she is about it. You go over to Kristin and say, "Don't be so conceited. You got the job only because you are female. I'm the one who deserves the job. I bet you'll do a lousy job and then I'll have my chance!"

#### Feelings ...

- 1. <u>Underline</u> two words in the scene that tell how Don is feeling.
- 2. Don's body language shows he is:

a. delighted b. resentful c. bored

3. How might Don's put down of Kristin affect the way she feels?

#### Preparing for Acting ...

- 1. Why is Kristin telling everyone about her new job? \_\_\_\_\_
- 2. Why does Don say unkind things to Kristin?\_\_\_\_\_
- 3. How could Kristin respond to Don? \_\_\_\_\_

#### Thinking about Choices ...



List Don's choices:

#### Lights, Camera, Action ...

• Reread the scene.

**Watch** and **listen** as your teacher acts out the parts of Don and Kristin.

• **Pretend** you are Don while your teacher pretends to be Kristin.



1. Talk out the scene with your teacher.

2. Act out the scene with your teacher.

• **Pretend** you are Kristin while a classmate pretends to be Don.



Act out the scene with a classmate.



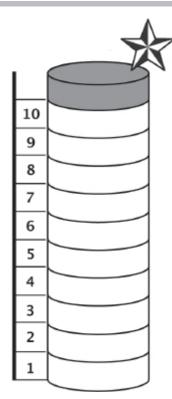
#### Director's Review ...

Fill in the star if you:

1.	Underlined Don's feelings.	-
2.	<b>Circled</b> words to describe Don's body language	-
3.	Wrote how Don's put downs might have affected Kristin $\ldots$	-
4.	Wrote how Kristin might have responded to Don $\ldots \ldots \ldots$	-
5.	Listed Don's choices.	
6.	Listened to the scene	
	Watched the actors and their actions $\ldots$	
8.	Talked out the scene with your teacher	
9.	Acted out the scene with your teacher.	-
10.	Acted out the scene with a classmate $\ldots$ $\ldots$ $\ldots$ $\ldots$	-
	Total Filled-in Stars:	



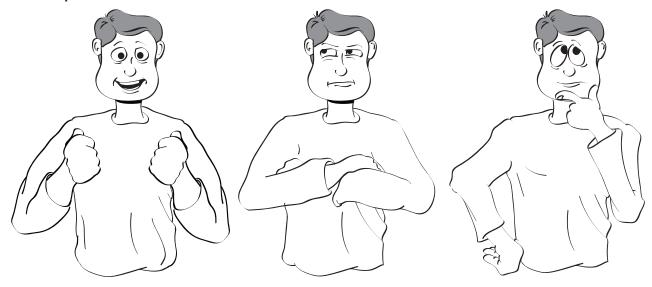
**Star Jar** Fill in each numbered star that you earned from above.



**Star Bar Graph Fill in** the total stars from the box above.

#### Beyond the Stars ...

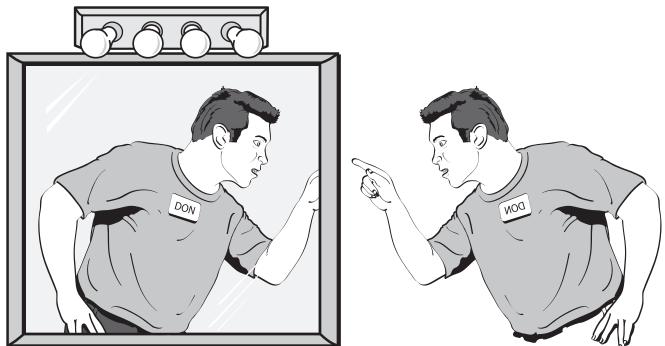
1. Don was **resentful** of Kristin because she got the job that he wanted. **Circle** the cartoon that shows a person who is **resentful**.



2. Facial expression, posture, and positioning of arms and hands communicate feelings. How does a resentful person look?

3. How could Don respectfully express his feelings?

#### Reflections ...

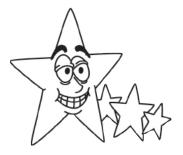


Don felt he deserved the job. He felt Kristin got the job because she was female.

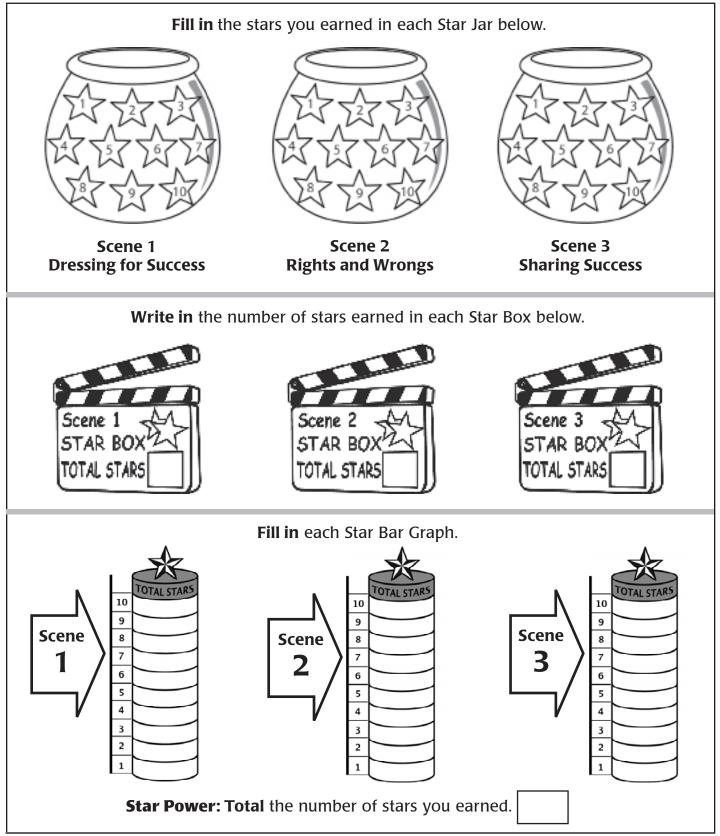
1. In your interact play, how did Kristin handle the situation?

2. If you were Don and felt you were being treated unfairly, what could you do?

3. As the boss at Happy Home and Garden Center, what would be a fair way to select the best person for a new job?



# Star Wrap-Up Act 2 – Respect



# ACT 3 – Fairness Decision-Making Skill Builder Scene 1 – Truth or Consequences





Setting: Mrs. Ortega's kitchen

Key Words: concerned, irresponsible, consequences, trustworthy

Actors: concerned Mrs. Ortega and irresponsible Bianca

**Scene:** Mrs. Ortega has always encouraged her daughter, Bianca, to take responsibility for her job-related activities including getting to work on time. This morning, Bianca does not appear for breakfast at the usual time. Mrs. Ortega calls upstairs to tell Bianca she is running late.

Bianca forgot to set her alarm clock. When Bianca finally arrives at the kitchen table for breakfast, Mrs. Ortega is concerned and a bit anxious. She shakes her head, rolls her eyes and points to her watch. Bianca says, "Don't worry, Mom. I'll catch the next bus. No big deal if I'm late. I'll go directly to my workstation without punching in. If my job coach asks why I didn't punch in, I'll just tell her I forgot.

#### Feelings ...

- 1. <u>Underline</u> two words in the scene that tell how Mrs. Ortega feels.
- 2. Mrs. Ortega's body language shows she is:

a. happy b. tired c. concerned

3. Mrs. Ortega is concerned that Bianca is not being fair to her employer. In what way is Bianca's plan unfair?

#### Preparing for Acting ...

- 1. How does Mrs. Ortega encourage Bianca to be a responsible employee?
- 2. What could Mrs. Ortega say to Bianca? \_\_\_\_\_
- 3. What could Bianca say in response to her mom? \_\_\_\_\_\_

#### Thinking about Choices ...



List Mrs. Ortega's choices:

#### Lights, Camera, Action ...

• Reread the scene.

**Watch** and **listen** as your teacher acts out the parts of Mrs. Ortega and Bianca.

• **Pretend** you are Mrs. Ortega while your teacher pretends to be Bianca.



1. Talk out the scene with your teacher.

2. Act out the scene with your teacher.

• **Pretend** you are Bianca while a classmate pretends to be Mrs. Ortega.



Act out the scene with a classmate.



#### Director's Review ...

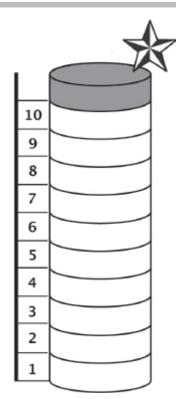
Fill in the star if you:

1.	Underlined Mrs. Ortega's feelings	$\mathcal{A}$
2.	Circled words to describe Mrs. Ortega's body language	$\overleftarrow{\mathbf{x}}$
3.	Wrote how Bianca's plan was unfair to her employer.	$\mathcal{K}$
4.	Wrote how Bianca might have responded to her mom	$\mathcal{K}$
5.	Listed choices Mrs. Ortega had in response to Bianca's attitude	$\overset{\wedge}{\bowtie}$
6.	Listened to the scene	$\overset{\wedge}{\bowtie}$
7.	Watched the actors and their actions	$\overset{\wedge}{\bigtriangledown}$
8.	Talked out the scene with your teacher	$\overset{\wedge}{\bowtie}$
9.	Acted out the scene with your teacher.	$\overset{\wedge}{\bowtie}$
10.	Acted out the scene with a classmate	$\overset{\wedge}{\bigtriangledown}$

**Total Filled-in Stars:** 



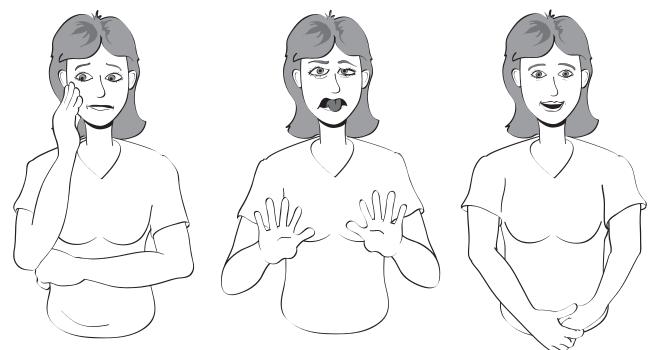
**Star Jar** Fill in each numbered star that you earned from above.



**Star Bar Graph Fill in** the total stars from the box above.

#### Beyond the Stars ...

1. Mrs. Ortega was **concerned**. Bianca was late for work but wasn't in a hurry. **Circle** the cartoon that shows **concern**.



2. Facial expression, posture, and positioning of arms and hands communicate feelings. How does a concerned person look?

3. Bianca was unconcerned. She thought that she would say she forgot to punch in if she got caught. Why would Bianca's actions be the same as stealing?

#### Reflections ...



Mrs. Ortega was concerned about Bianca being late for work. Bianca didn't think it was a *big deal*.

1. In your interact play, did Bianca do the right thing? Why or why not?

2. If you were Bianca's mom, what would you say about Bianca's plan?

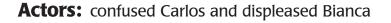
3. If you were the boss and you found out that Bianca lied and failed to punch in, what would you do?

# **ACT 3 – Fairness** *Communication Skill Builder* Scene 2 – Beating the System









**Scene:** Carlos is Bianca's friend and coworker. He is in the sign-in area of the office when Bianca arrives late. He sees her sign in but not punch in. The work policy is that employees must both sign in and punch in. He doesn't want Bianca to get into trouble.

Carlos goes over to Bianca and quietly says, "Don't forgot to punch in." Bianca is displeased. She turns around and snaps at Carlos, "Get out of my face and mind your own business!" Carlos is upset and confused. He wonders why Bianca is talking to him like that.

#### Feelings ...

- 1. <u>Underline</u> two words in the scene that tell how Carlos is feeling.
- 2. Carlos' body language shows he feels:

a. upset b. tired c. happy

3. Why does Carlos feel confused?

#### Preparing for Acting ...

- 1. Why do you think Bianca snapped at Carlos? \_\_\_\_\_\_
- 2. In what way was Bianca unfair to Carlos?
- 3. How could Carlos have answered Bianca?

#### Thinking about Choices ...



List Carlos' choices:

#### Lights, Camera, Action ...

• Reread the scene.

**Watch** and **listen** as your teacher acts out the parts of Carlos and Bianca.

• **Pretend** you are Carlos while your teacher pretends to be Bianca



1. Talk out the scene with your teacher.

2. Act out the scene with your teacher.

• **Pretend** you are Bianca while a classmate pretends to be Carlos.



Act out the scene with a classmate.



#### Director's Review ...

 Fill in the star if you:
 Image: Circled words to describe Carlos' body language
 Image: Circled words to describe Carlos' body language

 2.
 Circled words to describe Carlos' body language
 Image: Circled words

 3.
 Wrote how Bianca was unfair to Carlos
 Image: Circled words

 4.
 Wrote how Carlos might have answered Bianca
 Image: Circled words

 5.
 Listed Carlos' choices
 Image: Circled words

 6.
 Listened to the scene
 Image: Circled words

 7.
 Watched the actors and their actions
 Image: Circled words

 8.
 Talked out the scene with your teacher
 Image: Circled words

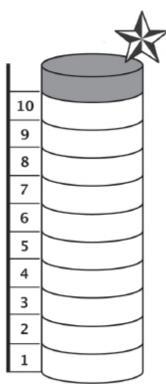
 9.
 Acted out the scene with your teacher
 Image: Circled words

 10.
 Acted out the scene with a classmate
 Image: Circled words

**Total Filled-in Stars:** 



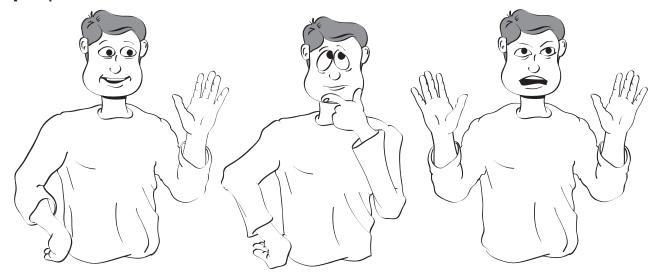
**Star Jar** Fill in each numbered star that you earned from above.



**Star Bar Graph Fill in** the total stars from the box above.

#### Beyond the Stars ...

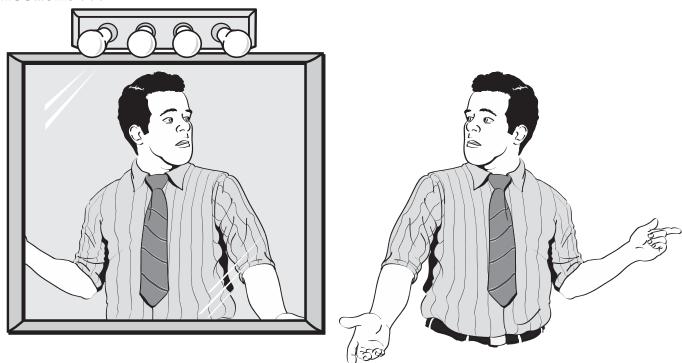
1. Carlos was **upset** when Bianca snapped at him. **Circle** the cartoon that shows an **upset** person.



2. Facial expression, posture, and positioning of arms and hands communicate feelings. How does an upset person look?

3. Bianca was displeased when Carlos quietly reminded her to punch in. How else might Carlos have handled the situation?

#### Reflections ...



Carlos' feelings were hurt by Bianca's snapping.

1. In your interact play, how did Carlos handle Bianca's snapping?

2. If you were Bianca, what would you have said to Carlos?

3. In what way were Bianca's actions unfair to both Carlos and her employer?

# ACT 3 – Fairness Managing Emotions Skill Builder Scene 3 – Snapping





Setting: The office sign-in area

Key Words: annoyed, tense, nosy

Actors: tense Bianca and nosy Carlos

**Scene:** You are Bianca. Carlos sees you arrive to work late and not punch in. He gets right next to you and says, "Don't forget to punch in." You are tense and annoyed. Carlos has no right to be checking up on you. After all, he's not perfect and you did sign in, even if you didn't punch the clock.

You tell Carlos, "Get out of my face!" You wonder why he just doesn't mind his own business. It makes you uncomfortable to have Carlos so close. You hope no one is watching or listening. Finally, Carlos backs off.

#### Feelings ...

- 1. <u>Underline</u> two words in the scene that tell how Bianca is feeling.
- 2. Bianca's body language shows she is:

a. delighted b. tense c. bored

3. Why is Bianca upset with Carlos?

#### Preparing for Acting ...

- 1. Why was Bianca tense and annoyed? \_\_\_\_\_\_
- 2. Write how Bianca could have been more respectful to Carlos.
- 3. How could Carlos have responded if Bianca had been respectful?

#### Thinking about Choices ...



List Bianca's choices:

#### Lights, Camera, Action ...

• Reread the scene.

**Watch** and **listen** as your teacher acts out the parts of Bianca and Carlos.

• **Pretend** you are Bianca while your teacher pretends to be Carlos.



- 1. Talk out the scene with your teacher.
- 2. Act out the scene with your teacher.
- **Pretend** you are Carlos while a classmate pretends to be Bianca.



Act out the scene with a classmate.



#### Director's Review ...

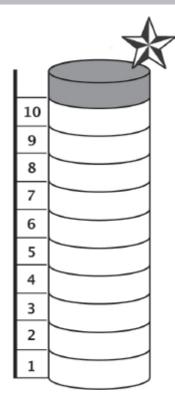
**Fill in** the star if you:

	A	
1.	<b>Underlined</b> Bianca's feelings	$\overline{\langle}$
2.	<b>Circled</b> words to describe Bianca's body language $\ldots$	$\left\{ \right.$
3.	Wrote how Bianca could have been respectful to Carlos	2
4.	Wrote how Carlos could have responded to Bianca $\ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots$	$\overline{\langle}$
5.	Listed Bianca's choices	$\overline{\langle}$
6.	Listened to the scene	7
7.	<b>Watched</b> the actors and their actions $\ldots$	2
8.	<b>Talked</b> out the scene with your teacher	7
9.	Acted out the scene with your teacher	7
10.	Acted out the scene with a classmate $\ldots$	7

**Total Filled-in Stars:** 



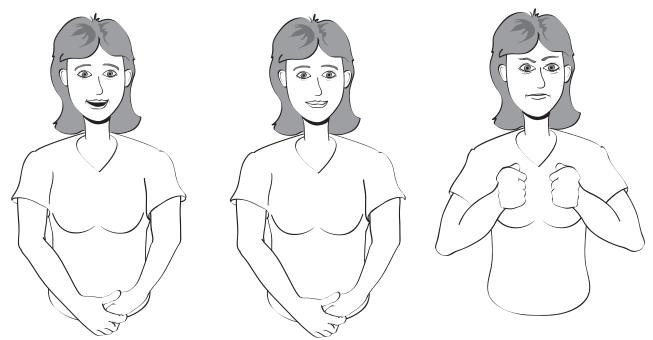
**Star Jar** Fill in each numbered star that you earned from above.



**Star Bar Graph Fill in** the total stars from the box above.

#### Beyond the Stars ...

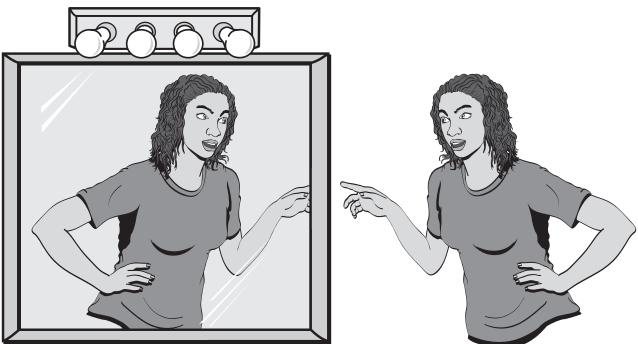
1. Bianca was **tense**. She felt Carlos was checking up on her. **Circle** the cartoon that shows someone who is **tense**.



2. Facial expression, posture, and positioning of arms and hands communicate feelings. How does a tense person look?

3. Why do you think Bianca felt annoyed after Carlos told her to punch in?

#### Reflections ...

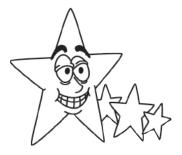


Carlos stood too close for comfort for Bianca. She told him to get out of her face.

1. In your interact play, what did Bianca do when Carlos got in her face?

2. If you were Carlos and you wanted to tell Bianca quietly that she made a mistake, how close would you stand to her?

3. Bianca snapped at Carlos because he reminded her to punch in. How could she have responded to Carlos respectfully?



# Star Wrap-Up ACT 3 – Fairness

