Grades K-2

Connecting with Others

Lessons for Teaching Social and Emotional Competence

Dr. Rita Coombs-Richardson

Papercover, 8 ½ × 11, 336 pages

Contents

Getting Started

- The Me's
- Aggressive, Nonassertive, and Assertive Behaviors
- The Thinking Steps: Stop, Think, Plan, Check

LESSONS

Skill Area 1: Concept of Self and Others

- 1. I Can Do
- 2. A Pat on the Back
- 3. I'm Me and You're You
- 4. Nobody Likes Me
- 5. Not My Fault

Skill Area 2: Socialization

- 1. How Do You Do?
- 2. Where and When?
- 3. We're in This Together
- 4. Are You Joking?
- 5. Are We Having Fun Yet?

Skill Area 3: Problem Solving and Conflict Resolution

- 1. What's in A Problem?
- 2. Look Before You Leap
- 3. I Didn't Do It
- 4. Let's Agree to Disagree
- 5. Making Up Is Not Hard to Do

Skill Area 4: Communication

- 1. I'm Listening
- 2. Body Language
- 3. Don't Touch
- 4. I Hear You
- 5. Let's Chat

Skill Area 5: Sharing

- 1. Sharing Is Caring
- 2. I Have an Idea
- 3. Sharing Time and Skills
- 4. Fair Share
- 5. What Should I Do?

Skill Area 6: Empathy and Caring

- 1. I Do Care
- 2. Trust Is a Must
- 3. Loyalty Is Royalty
- 4. People Who Need People
- 5. Lend a Hand

Appendices

A: Selected Bibliography of Children's Literature

B: Parent Newsletters

FIGURES

Getting Started

- 1. The Me's
- 2. Enthusiastic Me
- 3. Impulsive Me
- 4. Bossy Me
- 5. Caring Me
- 6. Thinking Me
- 7. Find the Me's
- 8. Aggressive Behavior
- 9. Nonassertive Behavior
- 10. Assertive Behavior
- 11. Traffic Signal
- 12. STOP
- 13. THINK
- 14. PLAN
- 15. CHECK

Skill Area 1: Concept of Self and Others

- 16. Which K.T. Has Self-Esteem?
- 17. Self-Recording Circle

Skill Area 2: Socialization

- 18. Pleased to Meet You
- 19. Magic Words
- 20. Calendar Organizer
- 21. Kirsten, Montrose, and Darla
- 22. Anita, Gordon, and Salvador and Tamika
- 23. School
- 24. Airplane
- 25. Dentist's Office
- 26. Bowling Alley
- 27. Library
- 28. Home
- 29. Skipping in Tune
- 30. Tony
- 31. Tommy

Skill Area 3: Problem Solving and Conflict Resolution

- 32. Feelings Word Activity
- 33. Feelings Matching Activity
- 34. Big Bully
- 35. Fighting
- 36. Feelings and Responses
- 37. Yes and No Cards
- 38. Cutting in Line
- 39. Compromise
- 40. Mediation
- 41. Steps to Making Up

Skill Area 4: Communication

- 42. Picture Sets
- 43. Understanding Body Language
- 44. OK and Not-OK Touches
- 45. Active Listening

Skill Area 5: Sharing

- 46. Sign Language Words
- 47. Smiling Faces

Skill Area 6: Caring and Empathy

- 48. Community Helper 1
- 49. Community Helper 2
- 50. Community Helper 3
- 51. Community Helper 4
- 52. Community Helper 5
- 53. Community Workplace 1
- 54. Community Workplace 2
- 55. Community Workplace 3
- 56. Community Workplace 4
- 57. Community Workplace 5