

## **Grades 3-5**

### **Connecting with Others**

#### **Lessons for Teaching Social and Emotional Competence**

Dr. Rita Coombs-Richardson

Papercover, 8 ½ × 11, 336 pages

#### **Contents**

##### **Getting Started**

- The Me's
- Aggressive, Nonassertive, and Assertive Behavior
- The Thinking Steps: Stop, Think, Plan, Check

##### LESSONS

##### ***Skill Area 1: Concept of Self and Others***

1. I Know I Can
2. Let Me Do It Myself
3. Let's Be Friends
4. Please Accept Me
5. Someone Else Made Me Do It

##### ***Skill Area 2: Socialization***

1. Hello, Hello
2. Right Time, Right Place
3. Together We Stand
4. Funny Ha, Ha
5. Lighten Up

##### ***Skill Area 3: Problem Solving and Conflict Resolution***

1. I've Got a Problem
2. Think Ahead
3. Not Me
4. Disagreeing Is OK
5. Making Up, Not Breaking Up

##### ***Skill Area 4: Communication***

1. Listen Up
2. Talking Without Speaking
3. Talking and Touching
4. Active Listening

5. Clear Talk

***Skill Area 5: Sharing***

1. To Share or Not to Share
2. Two Heads Are Better Than One
3. Sharing Our Time and Skills
4. It's Only Fair to Share
5. Sharing Feelings

***Skill Area 6: Empathy and Caring***

1. Loving Is Caring
2. You Can Count on Me
3. Loyalty
4. Comfort and Support
5. Helping Out

**Appendices**

A: Selected Bibliography of Children's Literature

B: Parent Newsletters

FIGURES

**Getting Started**

1. The Me's
2. Enthusiastic Me
3. Impulsive Me
4. Bossy Me
5. Caring Me
6. Thinking Me
7. Find the Me's
8. Aggressive Behavior
9. Nonassertive Behavior
10. Assertive Behavior
11. Traffic Signal
12. STOP
13. THINK
14. PLAN
15. CHECK

***Skill Area 1: Concept of Self and Others***

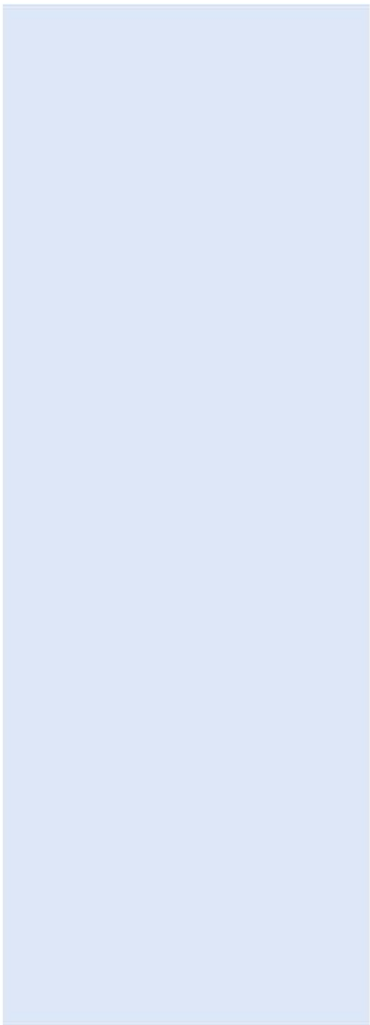
16. Self-Recording Chart
17. What's Happening in These Pictures?
18. Word Search Puzzle

***Skill Area 2: Socialization***

19. Conversation Puzzles
20. Calendar Organizer
21. Behaviors and Consequences
22. Journal Form
23. Daily Schedule Sheet
24. Cartoon Story
25. Limericks
26. Knock, Knock
27. Lighten Up, Kenisha

***Skill Area 3: Problem Solving and Conflict Resolution***

28. Feelings Wheel
29. Feelings and Responses

- 
30. Yes and No Cards
  31. Problem Dialogues
  32. Young Lady or Old Lady?
  33. Rules for Mediators
  34. It's My Glove
  35. Steps to Making Up

***Skill Area 4: Communication***

36. Word Sets
37. Understanding Body Language
38. Body Language Quiz
39. Communication Checklist
40. Nursery Rhyme Lines
41. Talking and Touching Quiz
42. Active Listening Quiz
43. Tangled Proverbs
44. Clear Talk Quiz
45. Using Idioms

***Skill Area 5: Sharing***

46. Sharing Ideas and Opinions
47. Fair Shopping Quiz

***Skill Area 6: Caring and Empathy***

48. Love Is Caring Questions
49. Loyalty Quiz
50. Word Search Puzzle
51. Comfort and Support Quiz
52. Asking for Help Quiz